

FEBRUARY 2019
NEWSLETTER



TDECE LOCAL



Keep your heart beating strong

February is heart health month, making it the perfect time to learn more about heart disease and how you can help prevent it by living a healthier life.

What is heart disease?

Heart disease is a buildup of plaque in the heart's arteries that can lead to a heart attack, heart failure or death.

Approximately 1 out of 12 (or 2.4 million) Canadians live with heart disease. However, as of 2013, the rate of Canadians diagnosed with heart disease began decreasing. To learn more, visit www.otipinsurance.com/article33



UNITED WE RESIST - Education Mass Rally

WHAT: Calling all education workers, parents, labour affiliates, community partners and allies of public education to a MASS RALLY.

WHEN: Wednesday, February 27th at 5:00pm.

WHERE: Outside the 2019 PC Leaders' Dinner Event at the Toronto Congress Centre - 650 Dixon Rd., Etobicoke.

WHY: Ford's assault on public education in declaring a strip of 4% from education by removing class caps, dismantling full-day kindergarten as we know it and slashing millions from critical programming is beyond reprehensible. It's urgent that we build our mass and resist in power. Please mark this rally in your calendars and share widely with your networks. Further details to follow soon.

WHO: TDECE MEMBERS

HOW: #ETFO is supporting their locals with bussing. Please contact your local about whether your local is in the process of making those arrangements. #ETT members and parents may access buses from accessible points by registering on the #ETT link:

<https://ett.ca/product/no-cuts-to-education-united-we-resist-rally/>

RSVP: tdece@hotmail.com

Visit our provincial web site <http://www.etfo.ca/Pages/Home.aspx> for workshops and what your union can do for you!

